

Cross Party Group on Climate, Nature and Wellbeing
Grŵp Trawsbleidiol ar Hinsawdd, Natur a Lles

16:00 – 17:00

14.03.2022

Virtual Meeting over Zoom
Cyfarfod ar-lein dros Zoom

Agenda:

1. **Delyth Jewell MS:** Welcome, introductions and apologies
Delyth Jewell AS: Croeso, cyflwyniadau ac ymddiheuriadau
2. **Delyth Jewell MS:** Minutes of the last meeting and matters arising from the minutes
Delyth Jewell AS: Cofnodion y cyfarfod blaenorol a materion yn codi o'r cofnodion
3. **Youth Climate Ambassadors for Wales**
Llysgenhadon Hinsawdd Ieuencid Cymru
4. **Dr Liz Marks,** Update on current research into climate change and wellbeing
Dr Liz Marks, Diweddariad ar ymchwil gyfredol i newid hinsawdd a lles
5. **Presentation by Kim Mamhende,** Youth Voice Advocate, Climate Change Activist and Business Development Manager
Cyflwyniad gan Kim Mamhende, Eiriolwr Llais Ieuencid, Ymgyrchydd Newid Hinsawdd a Rheolwr Datblygu Busnes
6. **Discussion about intergenerational climate action**
Trafodaeth am weithredu hinsawdd rhwng cenedlaethau
7. **Delyth Jewell MS:** Any other business and date of next meeting
Delyth Jewell AS: Unrhyw fusnes arall a dyddiad am y cyfarfod nesaf

Actions :

- Find a more suitable time for the next meeting
- Suggestions on how to get more representation, especially from older generations

Attendees:

Amber Howells, Anouchka Grose, Bryony Bromley, Dale Thomas, Daniel Rose, Dokubo Whyte, Dr Stacey Harris, Emily Darney, Glenn Page, Gwenda Owen, James Radcliffe, Jennifer Huygen, Joe Rossiter, Joshua Whyte, Dr Kathryn Speedy, Kevin Rahman-

Daultrey, Kim Mamhende, Kirsten Shukla, Dr Liz Marks, Liz Williams, Lleucu Siencyn, Madelaine Phillips, Marvin Thompson, Matthew Walker, Molly Hucker, Nel Hywel, Poppy Stowell-Evans, Ryland Doyle, Sandy Clubb, Shenona Mitra, Tom Downs

MS's in attendance:

Delyth Jewell MS (Chair), Carolyn Thomas MS, Heledd Fychan MS, Huw Irranca-Davies MS, Mark Isherwood MS

MS's apologies:

Llyr Gruffydd MS, Mike Hedges MS, James Evans MS, Tom Giffard MS, Vikki Howells MS, Samuel Kurtz MS, Darren Millar MS, Sarah Murphy MS, Buffy Williams MS, Natasha Asghar MS, Paul Davies MS, Lesley Griffiths MS, Luke Fletcher MS, Jack Sargeant MS, Hefin David MS, Sian Gwenllian MS

Minutes:

- 1. Delyth Jewell MS:** Welcome, introductions and apologies
Delyth Jewell AS: Croeso, cyflwyniadau ac ymddiheuriadau
- 2. Delyth Jewell MS:** Minutes of the last meeting and matters arising from the minutes
Delyth Jewell AS: Cofnodion y cyfarfod blaenorol a materion yn codi o'r cofnodion

Delyth Jewell MS

- Welcome
- Minutes from the last meeting signed off
- Any matters arising

3. Youth Climate Ambassadors for Wales Llysgenhadon Hinsawdd Ieuenctid Cymru

Poppy Stowell Evans (Youth Climate Ambassador)

- First in person meeting held yesterday
- Manifesto focuses on intersection between climate, justice and social, as well as deforestation and biodiversity
- Over the next year will be looking at climate and social justice, amplifying the voices of people most impacted by climate change e.g. Indigenous people and climate refugees
- Climate change links to well-being

Molly Hucker

- Is it possible to change the time of the meeting so that more people can attend?

A poll will be sent out after the meeting

- 4. Dr Liz Marks,** Update on current research into climate change and wellbeing

Dr Liz Marks, Diweddariad ar ymchwil gyfredol i newid hinsawdd a lles

Dr Liz Marks

- Paper published in the Lancet looking at climate anxiety across 10 countries around the world
- Looking at how this is linked to government inaction and a feeling of betrayal by the government
- This can lead to moral injury which can lead to mental inhealth
- Governments' inactions on climate change and fossil fuels can have implications for human rights
- Have been holding workshops with 6th formers giving them a space to echo emotions and give a sense of hope and use them as a catalyst for action
- Links to work being done with Bath Beacons looking at living well and researching how nature links to eco anxiety as well as how nature based therapies may be helpful e.g. wild swimming
- Working with the British Psychological Society to integrate planetary health into how clinical psychologists think

Matthew Walker

- What would it take to make the future desirable, assuming global warming is happening and we can't opt out?

Dr Liz Marks

- We need to have realistic hope linked to an understanding of what we value, so a meaning focused approach

Matthew Walker

- What would it take for the future to be desirable?

Poppy Sowell- Evans

- We can all make positive changes as individuals but the real change needs to come from massive companies and government action in how we trade
- We need to hold those in charge more accountable

5. Presentation by Kim Mamhende, Youth Voice Advocate, Climate Change Activist and Business Development Manager

Cyflwyniad gan Kim Mamhende, Eiriolwr Llais Ieuenctid, Ymgyrchydd
Newid Hinsawdd a Rheolwr Datblygu Busnes

Kim Mamhende

- The language used to discuss climate change can be quite off putting, it can seem like a big subject which can be difficult to navigate
- It's harder to reach people from disadvantaged backgrounds who are most likely to be affected by climate change
- Often the language isn't relatable

- On the ground action can be unattractive as people may have trauma from police violence and hostility and there are disproportionate arrests on people of colour
- Climate action is often perceived as a white middle class movement but we need to empower more affected communities to take action and increase representation
- Climate change is also a social justice and class issue

6. Discussion about intergenerational climate action **Trafodaeth am weithredu hinsawdd rhwng cenedlaethau**

Delyth Jewell MS

- Need to create a space welcoming for groups who may face more barriers

Emily Darney

- Stage 2 of COP 15 on biodiversity is coming up in April

Carolyn Thomas MS

- Working with local authorities to manage grass verges for biodiversity

Delyth Jewell MS

- Think about how we can work together on COP 15

Jennifer Huygen

- What are people's views on the role of leisure, sport, culture, and arts organisations on climate change? They would like to do more to become sustainable and inspire change in their communities

Heledd Fychan MS

- At COP 26 sports and culture were mentioned as a way of raising awareness of climate anxiety, with the Future Generations Act we could develop that in Wales

Amber Howells

- Been looking at how to embed circular economics into the arts sector and theatre practice e.g. looking at travel, transport, costumes etc
- Looking at how to tour without flying and be more sustainable

7. Delyth Jewell MS: Any other business and date of next meeting **Delyth Jewell AS: Unrhyw fusnes arall a dyddiad am y cyfarfod nesaf**

Delyth Jewell MS

- We need to think about how we can get wider representation, especially from older generations
- Goodbye to Liz Williams
- Send out poll to see what time to hold the next meeting